



# Parent and Guardian Update

## ZESS

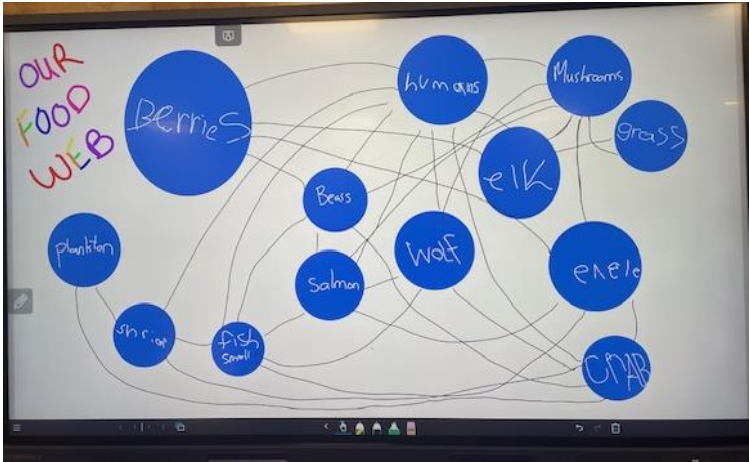
### November 7, 2025

Upcoming  
Events

- Nov. 10<sup>th</sup> 11:30AM Remembrance Day Assembly
- Nov 12<sup>th</sup> Gr. 5-10 Volleyball Jamboree @ Tahsis
- Nov 25<sup>th</sup> Photo Day at ZESS
- Dec 5<sup>th</sup> Celebrate Us Assembly and BBQ and Report Cards sent home
- Dec 10<sup>th</sup> School Wide Movie and Skating in Pt. McNeill

**Primary (K-2): Mr. Christall** - The primary class has been learning about animals and food chains in science. We have talked about plants (the producers that harvest energy from the sun), herbivores, and carnivores. Students have shown their knowledge of animals by correctly identifying which animals eat plants and which eat meat. There are still some interesting classes of animals to learn about such as omnivores and detritivores which we will be learning about soon.

**Intermediate (3-4): Ms. Curtis** - It's been a busy time in grade 3/4! We've been learning about food webs, ecosystems, and the interconnectedness of living and non-living things. We made a food web on our new classroom display screen as a class, see picture. We've also been learning about how to write a short story, Remembrance Day including some Indigenous heroes of international conflicts, and also have been practicing our recorders in music!



What is  
happening  
in class?

**Junior (5-7): Mr. Vanden Ham** - It's been an exciting week in our class! In language arts, students are learning how to write formal letters and are putting their skills into action by writing to different levels of government to share their ideas and opinions. In both math and literacy, we have started using our new IXL program, which provides students with personalized practice to strengthen their skills. Our Chromebooks are now up and running in the classroom, giving us a great new tool to support learning and exploration. We are all excited for the volleyball jamboree and have been spending our phys ed classes preparing to give it a our best shot in Tahsis. It's been wonderful to see students engaged, curious, and eager to use these new resources to enhance their learning! In Science, students have been learning about succession, how plants and animals slowly move back into areas that have been destroyed by fire or other

**Senior (8-10): Mr. Romyn**  
The senior class has been examining how exploration, expansion and colonization had varying consequences for different groups. This week we wrapped up our discussion on the Wet'suwet'en, and then we watched a documentary called The Territory. This film tells the story of the Uru-eu-wau-wau people in the Amazon rainforest who fought to keep their land, and the farmer settlers who were promised this land by their government. Check it out on Disney Plus!




Mr. Barber – In Math we have been starting to use IXL. This is an online teaching tool that students can also use at home. This is a great option when students are needing some work at home. If you would like more information, please contact Mr. Barber.

Attendance Challenge #2 Complete

Attendance

The Senior High School class were the champions this challenge. They were able to beat their September attendance record. As well, we had twelve students across the school who had attendance better than 95%. These students and the Senior students will be entered in a prize draw.

Lunch Menu

 ZESS Hot Lunch Menu				
Monday, November 10	Tuesday, November 11	Wednesday, November 12	Thursday, November 13	Friday, November 14
Pierogis	No School	Sandwiches	Chicken Wings	No School
No School	No School	Mixed Greens	Mixed Vegetables	No School
Monday, November 17	Tuesday, November 18	Wednesday, November 19	Thursday, November 20	Friday, November 21
Sausage Penne	Fish Hash	Chicken Caesar Wraps	Mac and Cheese	Mini Pizza
Mixed Vegetables	Tomato Soup	Mixed Vegetables	No Lunch	Mixed Vegetables

Bake Sale Success

With the hard work of students and Daisy Johnson and the generosity of the community, students raised **\$508.65** for future trips. Way to go!

Celebrate Us Awards



If you have questions or concerns, please contact Adam Barber at [abarber@viw.sd84.bc.ca](mailto:abarber@viw.sd84.bc.ca) or 250 761 4227